

# OUR CORE VALUES

**Respect** – We respect the unique experiences of individuals, their caregivers, and family members that determine their individual needs.

**Personal Empowerment** – We believe in giving individuals the tools necessary to build confidence in their ability to increase their independent level of functioning and quality of life.

**Diversity** – We understand and appreciate that experiences are different for each individual, and how these differences impact their life.

**Integration & Collaboration** – We work to bridge the gap in how consumers receive services and promote care integration across service providers.

**Community Inclusion** – We believe in the value of individuals being appreciated as contributing members of their community.

**Innovation** – We strive to implement new and innovative approaches to providing services, including the use of technology and a model of care integration to achieve the best treatment outcomes for persons served.



Empowering Integrated Care Solutions is committed to helping you find solutions to meeting your care needs.

## We Are Here To Help

Please Call Us  
216-532-EICS (3427)

Visit Our Website  
[www.EmpoweringICS.com](http://www.EmpoweringICS.com)

23875 Commerce Park, Suite 140  
Beachwood, Ohio 44122



WE RESPECT THE  
UNIQUE EXPERIENCES  
OF **INDIVIDUALS**

# Who We Serve

## Individuals with Developmental Disabilities

- ▶ ADD/ADHD
- ▶ Autism
- ▶ Cerebral Palsy
- ▶ Down Syndrome
- ▶ Epilepsy
- ▶ Hearing/Vision Impairment
- ▶ Intellectual Disability
- ▶ Language/Learning Issues
- ▶ Traumatic Brain Injury
- ▶ Any Other Developmental Disabilities

## Who Also Have Mental Health Concerns

- ▶ Anxiety
- ▶ Behavioral Issues
- ▶ Bipolar
- ▶ Depression
- ▶ Obsessive-Compulsive Disorder
- ▶ Psychotic Symptoms
- ▶ Symptoms of Trauma
- ▶ Any Other Mental Health Concerns

# Our Mission

Empowering individuals with disabilities to bridge the gap in their service needs, embracing care integration, personal choice, diversity, and community inclusion with collaborative team support dedicated to quality care.



# Our Services

## What Can Individuals Expect From Our Services?

With a team of professionals working with individuals to achieve their treatment goals, the following can be expected:

- ▶ Active participation in your own treatment
- ▶ Better treatment results
- ▶ Greater satisfaction in your life
- ▶ Reduction in time and cost of finding multiple service providers

## What Do We Provide?

### The Facts

Statistics show that individuals with developmental disabilities are at significantly higher risk of having a mental health or psychiatric disorder. Current studies show that 35-50% of individuals with developmental disabilities also have a co-occurring mental health issue.

### What Does This Mean?

Unfortunately, for individuals dealing with both of these types of issues, this typically means that they have to go to multiple providers to get the services that they need.

### The Solution

#### Empowering Integrated Care Solutions Provides An Alternative

We approach care in an integrated model- medical, psychiatric, behavioral, supportive, and social issues are all addressed during treatment, at the same time, by the the same provider.

Our Integrated Care Coordinator works closely with our clients to ensure that all of their needs are met. This includes linking individuals with services in the community, including social activities, education, and employment opportunities.

We provide care and services in the locations preferred by clients. All of our services can be provided in the home, community, or our office.

## Therapeutic Services

### Mental Health Assessment

Often times, individuals with developmental disabilities have mental health symptoms that are inappropriately attributed to their developmental delay. Our clinicians are trained to recognize these unique presentations, and service and treatment recommendations are identified that best address each client's needs.

### Counseling Services

These confidential services are provided to individuals, caregivers, and family members to support our clients' unique challenges. Our integrated team of skilled Counselors and Social Workers use evidence-based practices to work toward positive change in areas such as:

- ▶ Life Changes or Transitions
- ▶ Personal Relationships
- ▶ Trauma
- ▶ Depression
- ▶ Stress Management
- ▶ Grief and Loss
- ▶ Anxiety
- ▶ Behavior Management

## Psychiatry and Pharmacologic Management

Individuals are seen by our Psychiatrist or Psychiatric Nurse Practitioner to provide a mental health/psychiatric evaluation to determine if medication may be helpful to reduce their mental health symptoms. Medical staff are part of our team of professionals that meet regularly to promote positive treatment outcomes.

## Supportive Services

### Mental Health Case Management

Mental Health Case Management (or "Community Psychiatric Supportive Treatment") is a critical service that assists clients with skill building and accessing resources. This empowers them to increase their level of independent functioning, community inclusion, and overall quality of life.

Case Management includes a wide range of interventions designed to meet the individual needs of the consumer. This service includes their families, caregivers, and other service systems in order to support optimal success. During this process, consumer needs and challenges specific to them are best addressed. These can include safety needs related to epilepsy and seizures, mobility needs related to cerebral palsy, or potential communication needs related to hearing, vision, and learning issues, among other needs.

### Supportive Living

Medicaid waivers provide individuals with disabilities and chronic conditions with care in their homes and communities, rather than in long-term care facilities.

We offer Home and Community-Based Waiver Services that support our clients in their home, with the goal of improving skills to increase their level of independent functioning. We provide the following services on the Individual Options and Level One Waivers:

#### ● Homemaker/Personal Care

These services are essential to personal growth and development, and include assistance with daily living activities like cooking, cleaning, and laundry, personal hygiene, ambulatory needs, skills development, money management, and shopping.

#### ● Social Work

Social Work is provided within the Individual Options Waiver to help individuals address their social or emotional needs that will allow them to live more effectively in the community. This can include:

- ▶ Linkage to other supportive services in the community
- ▶ Assistance with adaptive skills
- ▶ Support and education to caregivers and families
- ▶ Collaboration with other providers to support the unique social and emotional needs of individuals and their families

#### ● Transportation

Transportation is provided to individuals enrolled in the Homemaker/Personal Care service to access community services, activities, resources, and other service-related needs.